

*Spirit Rising
Sanctuary of
Light, LLC*

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*A Center of the
Spiritual Arts*

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Garnering the Strength ©

(Received by Mariah from her Guides, Red Eagle and Grey Feather - 2007)

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Garnering the strength
To bear the sorrows and trials of Earth ~
Sighing with the wind
As it carries more changes, more moisture, more tears,
More goodness for your soul and your world.
Clouds moving in great waves across the sky
With their multi-colored sails floating in the wind
Building up their power and majesty, their gifts to be
Bestowed upon you and your brothers and sisters.
They *constantly* garner their strength, accepting the energies
And the Power from those Realms in the Sky
Where the Light never dims and
The eyes of all are bright and full of the arrows of the heart's love.

Garner the strength within you *now*,
Even as Earth's sorrows lean heavily upon you,
Pressing you down into the ground,
Grinding you into corn meal.
Feed others, and then nourish your own Self!
For you are the graceful stalk of corn
Waving in the Earth's wind,
Full of power and beauty,
Coming into your ripeness, your wholeness, your holiness
Storing within you every day's sun.
Every day the Earth fills you with her nutrients.
You gain your golden glory;
You are self-sustaining.

You are the wind, the rain, the clouds, the sky, the Earth,
And all that lives and grows, *forever*.
You garner the strength it takes to survive
And sing in the sun another day!
Hail Golden One!

~ ~ ~

Excerpted from Mariah's forthcoming book: *Angelic Attitudes ~ Channeled Messages, Meditations, Poetry and Reflections from the Land of Light* ©.